

# PEDIATRIC RESPIRATORY DISTRESS

- UNIVERSAL ALGORITHM**
- Identify and treat reversible causes
  - Establish vascular access
  - Use adult protocols for patients > 34 kg

**STABLE**

**UNSTABLE**

**OBSERVE/MONITOR**

- Dyspnea/Wheezing/Shock:**
- **Albuterol** 2.5-5 mg via HHN/mask/BVM with adjunct over 5-10 min, repeat as needed
  - **Epinephrine 1:1,000** 0.01 mg/kg **IM**, not to exceed 0.3 mg, may repeat every 5 min, not to exceed 3 doses

- Base Physician Order**
- **Epinephrine 1:10,000** 0.01 mg/kg (0.1 ml/kg) slow IVP titrated, not to exceed 0.3 mg

- Severe Shock/Extremis:**
- If the patient is in extremis and no IV access, administer:
- Epinephrine 1:1,000** 0.01 mg/kg **SL** injection, not to exceed 0.3 mg, may repeat every 5 min, not to exceed 3 doses