

ADULT HEMODYNAMIC INSTABILITY DEFINITIONS

ANY OF THESE SIGNS OR SYMPTOMS MAY INDICATE AN UNSTABLE PATIENT:

- MEDICAL**
- Blood pressure < 100 systolic
 - Poor skin signs
 - Altered level of consciousness
 - Shortness of breath
 - Pulmonary edema
 - Chest pain

- TRAUMA**
- Blood pressure < 100 systolic
 - Poor skin signs
 - Altered level of consciousness
 - Shortness of breath
 - Pulse > 120 BPM
 - Poor capillary refill

TREATABLE/REVERSIBLE CONSIDERATIONS FOR CRITICAL PATIENTS:

- 1) Hypoxemia
- 2) Tachycardia
- 3) Bradycardia
- 4) Hyper/Hypothermia
- 5) Hyper/Hypovolemia
- 6) Altered Mental Status
- 7) Fractures/Bleeding/Tension Pneumothorax
- 8) Anaphylaxis
- 9) Chest Pain
- 10) Overdose