

NEWBORN CARE**I. TREATMENT:**

- A. If the infant appears normal, i.e., pink, pulse > 100, actively moves all extremities, and good strong cry:
 - 1. Dry thoroughly
 - 2. Cover the head and body to maintain body heat.

- B. If the infant appears distressed
 - 1. Dry thoroughly
 - 2. Suction the mouth then nose
 - 3. Stimulate vigorously
 - 4. Assess respiration. If none, assist with 100% oxygen via bag/valve mask with reservoir at rate of 40 breaths/minute. Reassess every 30 seconds. If spontaneous respirations, but blue, provide 100% oxygen blow by.
 - 5. Evaluate heart rate - If pulse < 80/minute after 30 seconds of oxygen, begin CPR - 120 compressions/minute; two fingertips - depress 1/2 - 3/4 inch.