

# HEAT- RELATED EMERGENCIES

## UNIVERSAL ALGORITHM

- Scene Safety
- PPE
- ABCs
- Administer Oxygen per Policy 580

- Remove patient from environment and place in a cool area
- Patients with environmental heat exposure and ALOC that feel hot and are not sweating should be treated for hyperthermia / heat stroke
- Initiate transport/cool enroute (remove clothing / cool with water and use fans/air conditioning)

### Considerations

- Alert patients may receive up to 1 Liter of water or sport drink (50/50 mix with water) in small sips. Discontinue if patient experiences nausea or vomiting
- Seizures may occur with heat stroke.
- Adjunctive Measures - Ice packs to neck, armpits and groin