

SAN LUIS OBISPO COUNTY EMERGENCY MEDICAL SERVICES AGENCY  
PREHOSPITAL POLICY

Policy Reference No: 151  
Updated: 05/27/2010  
Effective Date: 5/15/2010  
Supersedes: N/A  
Review Date: 6/01/2012

SUBJECT: STEMI RECEIVING CENTER DESIGNATION

PURPOSE

To define requirements for designation as a STEMI Receiving Center (SRC) in San Luis Obispo County.

AUTHORITY

- A. Health and Safety Code, Division 2.5, Sections 1798, 1798.101, 1798.105, 1798.2
- B. California Code of Regulations, Title 22, Section 100175.

DEFINITIONS

- A. Percutaneous Coronary Intervention (PCI): A broad group of percutaneous techniques utilized for the diagnosis and treatment of patients with STEMI.
- B. STEMI: An acute myocardial infarction that generates a specific type of ST-segment elevation on a 12-lead ECG.
- C. "STEMI Alert": A report from prehospital personnel that notifies a STEMI Receiving Center as early as possible that a patient has a specific computer-interpreted prehospital 12-lead ECG indicating a STEMI, allowing the SRC to initiate the internal procedures to provide appropriate and rapid treatment interventions.
- D. STEMI Receiving Center (SRC): A facility licensed for cardiac catheterization laboratory and approved to operate as an SRC by the San Luis Obispo County Emergency Medical Services Agency.
- E. STEMI Referral Hospital (SRH): An acute care hospital in San Luis Obispo County that is not designated as a STEMI Receiving Center.

## POLICY

- A. DESIGNATION: To be designated an SRC in San Luis Obispo County, a hospital must meet the following requirements:
1. Possess current California licensure as an acute care facility providing Basic Emergency Medical Services.
  2. Hold current status as a Base Hospital in San Luis Obispo County.
  3. Have the ability to enter into a written agreement with San Luis Obispo County identifying SRC and County roles and responsibilities.
  4. Agree to accept all EMS patients meeting STEMI patient triage criteria and all “STEMI Alert” patients transferred from other San Luis Obispo County hospitals (except when on diversion due to a declared hospital in-house internal disaster), and provide a plan for the triage and treatment of simultaneously presenting STEMI patients regardless of ICU/CCU or ED saturation status.
  5. Meet STEMI Receiving Center Designation Requirements as defined in the *San Luis Obispo County EMS Agency STEMI Receiving Center Designation Criteria Application and Evaluation* matrix. The criteria include:
    - a. Hospital Services including:
      - i. Special permit for cardiac catheterization laboratory pursuant to the provisions of Title 22, Division 5, of the California Code of Regulations.
      - ii. Intra-aortic balloon pump capability with necessary staff available 24 hours a day 7 days a week 365 days a year.
      - iii. California permit for cardiovascular surgery *or* a written plan for emergency transport to a facility with cardiovascular surgery available with timely (within 1 hour) transfer steps and agreements.
      - iv. Continuous availability of PCI resources 24 hours a day 7 days a week 365 days a year.
      - v. Dedicated priority “Specialty Care” phone line available 24 hours a day 7 days a week 365 days a year to be used for pre-hospital communication regarding “STEMI Alert” patients and for notifications of “STEMI Alert” transfers from other hospitals.
    - b. Hospital Personnel including:
      - i. STEMI Receiving Center Medical Director who must be board-certified in Internal Medicine with a sub-specialty in cardiovascular disease.
      - ii. STEMI Receiving Center Program Manager who must be an RN .
      - iii. Cardiac Catheterization Lab Manager/Coordinator who must be an RN if not directly reporting to the SRC Program Manager.
      - iv. A daily roster of interventional cardiologists who must:
        - a) Be available and present in the SRC within 30 minutes of the activation of the SRC’s internal STEMI/PCI system.
        - b) Have privileges in percutaneous coronary interventions (PCI).

- v. A daily roster of cardiovascular surgeons who must be available and present in the SRC within 30 minutes of documented request, *or* SRCs without cardiovascular surgery capability shall have written transfer guidelines and a plan for emergency transfer within 1 hour if medically necessary.
  - vi. Other personnel who must be promptly available and present in the SRC within 30 minutes of the activation of the SRC's internal STEMI/PCI system including:
    - a) Appropriate cardiac catheterization nursing and support personnel.
    - b) RN or CV Perfusionist trained in intra-aortic balloon pump management.
- c. Clinical Requirements including:
- i. ACC/AHA guidelines for activity levels of facilities and practitioners for both primary PCI and total PCI events are adopted herein and may require period updating:
    - a) Interventionalist shall perform a minimum of 11 primary PCI procedures and 75 PCI procedures per year.
    - b) SRC shall perform a minimum of 36 primary PCI procedures and 200 total PCI procedures annually.
  - ii. Performance (timeliness) and outcome measures will be assessed initially in the survey process, and will be monitored closely on an ongoing basis by the SRC and the EMS Agency through a Performance Improvement Program for EMS Patients (see Item E.5.).
- d. Policies and Procedures including:
- i. Cardiac interventionalist activation
  - ii. Cardiac catheterization lab team activation
  - iii. STEMI contingency plans for personnel and equipment
  - iv. Coronary angiography
  - v. PCI and use of fibrinolytics
  - vi. Inter-facility transfer policies/protocols for STEMI
  - vii. Transfer agreements for cardiac surgery, as appropriate
  - viii. STEMI patient triage
- e. Performance Improvement Program for EMS Patients including:
- i. An SRC shall provide two representatives to participate in the EMS Agency STEMI Quality Improvement (QI) Committee:
    - a) A QI representative
    - b) A cardiologist
  - ii. An SRC shall hold routine multidisciplinary meetings that shall include representatives from STEMI Referral Hospitals (SRHs), SLO County prehospital providers and the EMS Agency.

- iii. An SRC shall implement a written internal SRC QI plan/program with an internal review process that includes:
    - a) Door-to Balloon times
    - b) Death rate (within 30 days, related to procedure regardless of mechanism)
    - c) Compliance
    - d) Emergency CABG rate (result of procedure failure or complication)
    - e) Vascular complications (access site, transfusion, coronary perforation or operative intervention required)
    - f) Cerebrovascular accident rate (peri-procedure)
    - g) Post-procedure nephrotoxicity (increase in serum creatinine of >0.5)
    - h) Sentinel event, system and organization issue review and resolution processes
  - iv. An SRC shall participate in prehospital STEMI-related educational activities as may be required by the EMS Agency
  - f. Data Collection, Submission and Analysis including:
    - i. An SRC shall participate in the National Cardiac Data Registry (NCDR).
    - ii. An SRC shall participate in San Luis Obispo County EMS Agency data collection as defined in Appendix A: Data Requirements for STEMI Receiving Centers.
- B. LOSS OF DESIGNATION: A hospital may lose its designation as an SRC for one or more of the following reasons:
- 1. Inability to meet and maintain SRC Designation Criteria
  - 2. Failure to provide required data
  - 3. Failure to participate in STEMI System QI activities
  - 4. Other criteria as defined and reviewed by the EMS Agency STEMI Quality Improvement (QI) Committee

## PROCEDURES

- A. To apply for designation as a STEMI Receiving Center (SRC) in San Luis Obispo County, a Base Hospital shall pay the initial application fee and submit a San Luis Obispo County EMS Agency application for designation to the EMS Agency.
- B. SRC designation may be awarded to a hospital following a satisfactory review of written documentation, an initial site survey by San Luis Obispo County EMS Agency staff and a cardiologist from out of the area, and designation approval by the ~~San Luis Obispo County Board of Supervisors~~ **EMS Agency [updated 05/27/2010]**.

C. The SRC designation period will coincide with the period covered in a written agreement between the SRC and the County of San Luis Obispo.